



ALEX PARTRIDGE

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KEY FACTS

Date of birth: 25/01/1981

Place of birth: San Francisco, USA

Lives: Henley-on-Thames

Height: 193cm

Career Highlights: Triple World Champion in the Men's Coxless Four & Olympic Silver medallist in the Men's Eight.

Alex has the most medals in the current British rowing team and was recently named the 2010 British Olympic Association Olympian of the Year.

Alex started rowing at Monkton Combe School in 1996, thinking it would be a good way to supplement his rugby ambitions. He immediately enjoyed it, and his progression was rapid. In 1998, he was selected for Great Britain in the coxed pair in the World Junior Championships, in which he won a bronze medal.

After turning down the opportunity of a contract at Bath Rugby, Alex made his mark at a senior level in rowing in 2000, winning a gold medal in the four at the World U23 Championships. The four won the silver medal in the same race a year later and the crew proceeded to the senior World Championships in Lucerne, winning the bronze medal in the 500m final.

In 2002, Alex raced in the eight – finishing 6th at the World Championships. The following year, the eight improved on their performance, winning a bronze medal.

Alex began 2004 by winning the GB Rowing Senior Selection Trials in the pair with Andrew Triggs Hodge. This led to him gaining a place in the men's four with Pinsent, Cracknell and Williams.

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However, after being diagnosed with a collapsed lung, Alex had to withdraw from the Athens Olympics. The crew went on to win an Olympic gold medal, naming their boat after Alex.

After a period of recovery and intensive rehab, Alex was back on the water and regained his place in the four. The crew won gold in the World Cups at Eton, Munich and Lucerne. The highlight of the season was taking gold in the World Championships in Japan.

Alex's success continued into 2006, with the four winning gold in all of the World Cup events in Munich, Poznan and Lucerne. The World Championships, held in front of a home crowd, brought more success with Alex winning the gold. The 2007 season proved to be a little more disappointing, with the crew finishing 4th in the World Championships but only after having won all of the World Cups of the season, including one in the eight!

In August 2008, Alex won silver in the men's eight at the Beijing Olympic Games and in 2009 Alex returned to the men's four and won gold at the World Championships in Poznan.

Alex is an inspirational speaker with a motivating story of overcoming adversity and working within a winning team; as well as dealing with disappointment before going on to achieve at a high level.

In his spare time, Alex likes nothing better than hitting the slopes to take part in various wintersports, as well as playing golf, cycling, climbing, surfing and rugby, as well as pursuing his interest in big cars!

Alex is available for personal appearances, workshops, training days, motivational speaking and is an excellent brand ambassador having worked with, and appeared for, brands such as Camelot, Canterbury, Siemens, London Underground and Panasonic.



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ACHIEVEMENTS

EVENT	VENUE	MEDAL / DISCIPLINE
2009 World Championships	Poznan	Gold, Coxless Four
2008 Olympics	Beijing	Silver, Eight
2008 World Cup	Poznari	Gold, Eight
2008 World Cup	Lucerne	Bronze, Eight
2008 World Cup	Munich	Silver, Eight
2007 World Championships	Munich	4th, Coxless Four
2007 World Cup	Amsterdam	Gold, Eight
2007 World Cup	Linz	Gold, Coxless Four
2006 World Championships	Eton	Gold, Coxless Four
2006 World Cup	Lucerne	Gold, Coxless Four
2006 World Cup	Poznari	Gold, Coxless Four
2006 World Cup	Munich	Gold, Coxless Four
2005 World Championships	Gifu	Gold, Coxless Four
2005 World Cup	Lucerne	Gold, Coxless Four
2005 World Cup	Munich	Gold, Coxless Four
2005 World Cup	Eton	Gold, Coxless Four
2004 World Cup	Lucerne	Bronze, Coxless Four
2004 World Cup	Munich	5th, Coxless Four
2004 World Cup	Poznari	Gold, Coxless Four
2003 World Championships	Milan	Bronze, Eight
2003 World Cup	Munich	3rd, Eight
2002 World Championships	Seville	6th, Eight
2002 World Cup	Munich	6th, Eight
2002 World Cup	Lucerne	5th, Eight
2002 World Cup	Hazewinkel	Gold, Eight
2001 World Championships	Lucerne	Bronze, Coxed Four
2001 World Cup	Seville	7th, Coxless Four
2001 World U23 Championships	Linz	Silver, Coxless Four
1999 World Junior Championship	Plovdiv Lake	Silver, Coxless Four
1998 World Junior Championship	Linz	Bronze, Coxed Pair



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