

# RACE TO THE TOWER 2022

## VOLUNTEER BRIEFING DOCUMENT

Thank you so much for volunteering for the second Trail Series event of 2022.

We couldn't put the event on without your incredible support! We have put together this briefing document to provide you with some further information about the event and try to answer any questions you might have.

You'll find the following information below:

- Event Summary
- Main Site and Route Overview
- Event Timings
- Volunteer Roles
- Travel expenses, food, and camping

**If you have any further questions then please don't hesitate to contact us at [volunteers@thresholdsports.co.uk](mailto:volunteers@thresholdsports.co.uk)**

### Event Summary:

Race to the Tower is back for the first time since 2019. It is a fully supported ultra-marathon taking on the epic challenge of 52.4 miles on foot along the beautiful Cotswold Way, heading towards Broadway Tower – an iconic finish line. The event has over 1500 runners, joggers and walkers signed up.

On Saturday 25th June, participants will make their way out from Bird in Hand Farm, Stroud and run/walk 26.2 miles to the mid-way point, at Colgate Farm. Those completing the course over two days, will camp here overnight. Non-stop participants will continue along the route for the remainder of the day and possibly through the night depending on their pace.

Participants can sign up and choose to do any of the below package options:

- **Non-stop** – full distance in one go
- **Weekender** – distance over two days (either staying in basecamp or not)
- **Day 1 or Day 2 only** (staying overnight before or after if they wish)

For further event info please visit the [website](#).

You can find this document and the crew movements, along with common FAQs and our expenses policy on the [Crew Hub](#).

### Venue/ Route Overview:

Start	Bird in Hand Farm, Main Road, Whiteshill, Stroud, GL6 6JP
Overnight Base Camp (26.2 miles)	Colgate Farm, Ham Road, Cheltenham GL54 4EZ
Finish (52.4 miles)	Broadway Tower, Country Park, Middle Hill, Broadway, Worcestershire, WR12 7LB

**Pit Stop Locations:** There will be three pit stops on Day 1 and then another three pit stops on the second half or Day 2 of the route. The halfway basecamp acts as a Pit Stop 4 for non-stop participants, with a small pit stop area on the edge of the main basecamp to allow an efficient pass through.

Each pit stop will display the distance to the next one plus cut off times. Pit stop locations will not be published to participants prior to the event, due to space and access of these remote locations and respect of the National Trails, and to try and reduce numbers of friends and family gathering at these busy locations. Supporters are welcome at all other locations along the route.

Location	Address	Distance (miles)	1st Participant	Last Participant	Hours closed (if overnight pit stop)
Start	Bird in Hand Farm, Whiteshill, Stroud, GL6 6JP		Sat, 05:30	Sat, 09:30	
PS 1	The Royal William Car Park, Cheltenham Road, Cranham, Stroud GL6 6TT	7.8	Sat, 07:45	Sat, 14:15	
PS 2	The Royal George Hotel, Birdlip, Gloucester, GL4 8JH	12.4	Sat, 08:30	Sat, 17:00	
PS 3	Crickley Hill Coach Car Park Cotswold Way, Gloucester GL4 8JY	18	Sat, 09:45	Sat, 19:00	
PS 4/ Basecamp	Colgate Farm, Ham Road, Charlton King, Cheltenham, GL54 4EZ	26.1	Sat, 11:00	Sun, 10:30	Participants doing non-stop to depart by 9:30pm
PS 5	Postlip Hall Farm, Winchcombe, Cheltenham, GL54 5AQ	31.8	Sat, 12:00	Sun, 13:00	Sun 00:30 til Sun 06:30
PS 6	Hailes Abbey car park, Winchcombe, Cheltenham GL54 5PB	38.4	Sat, 13:00	Sun, 15:45	Sun 03:30 til Sun 07:30
PS 7	Buckland Garden Nursery, Buckland, Broadway, Worcestershire, WR12 7LY	47	Sat, 13:30	Sun, 17:15	Sun 06:45 til Sun 08:30
Finish	Broadway Tower Country Park, Middle Hill, Broadway, Worcestershire, WR12 7LB	62.1	Sat, 14:30	Sun, 20:00	

## Overview of Event Timings:

### Friday 24<sup>th</sup> June

19:00	All crew to arrive by 1900 at Bird in Hand Farm and set up tent
19:30 – 21:00	Crew dinner on site provided by our caterer
20:00	Crew briefing

### Saturday 25<sup>th</sup> June

05:00	Crew get up and pack down camp. Final set up of the start venue.
06:30	Car park open at 06:30 for participants. They are able to park on site (£10 for full day or overnight parking until Sunday pm – this should be done in advance of the event and a parking pass displayed in their windscreen, but inevitably some people will need to pay on arrival. A drop off area is also in place for those not parking).

06:30	Event village opens at Bird in Hand Farm for all participants. Participants do not need to register as all of the packs have been sent out – so it will only be changes to deal with and miscellaneous. This means all crew are focused on offering a special and warm welcome and getting to know participants. Participants will drop off their luggage and get ready to start. Catering concessions will be on site for coffees and breakfast snacks, both hot and cold. All participants will receive a safety briefing from the route director before starting.
07:30	Start wave A
07:45	Start wave B
07:55	Start wave C
08:05	Start wave D
08:15	Start wave E
08:25	Start wave F
08:35	Start wave G
07:30 SAT – 19:30 SUN	Route open
08:15 SAT – 17:00 SUN	Pit Stops will be open as detailed in the schedule above.
10:30	Overnight camp open at Colgate Farm
11:05	Fastest runners expected at Colgate Farm (basecamp)
11:00 – 22:00	Basecamp – bar, evening meal, music and chill out
14:30	Finish open at Broadway Tower
14:45	First runner expected to arrive at the finish at Broadway Tower
21:00	Final Day 1 participants expected to arrive at Colgate Farm – Route Closes

### *Sunday 26th June*

06:00 – 07:00	Start open for Day 2 participants at Colgate Farm
09:30	Final non-stop expected to finish at Broadway Tower
09:40	Fastest runner on Day 2 expected to finish at Broadway Tower
19:30	Final Day 2 participant expected at Broadway Tower – Route Closes

## **Friday Night | Briefing & Camping**

As a volunteer you are welcome to join us camping on the Friday night at the Start or Basecamp. will be hosting an Event Briefing from **7pm** along with dinner. Or you can arrive on Saturday for your shift.

### **Camping:**

You are welcome to stay at the Start or Basecamp on Friday and Saturday night. If you are, please complete this [camping survey](#) to let us know. There will be showers available.

We provide everyone with a tent and a sleeping mat. You will need to bring a sleeping bag (and a pillow if you cannot sleep without!)

### **Volunteer Roles Overview**

Below you will find a list of volunteers and the roles that have been allocated to you on the event. Have a look through to check where you will be working on the event. You will be working alongside our crew team to help run pit stops or be at one of the main sites, providing support to our participants and cheering them on.

You will receive a full briefing from your team leader when you arrive on site for your first shift. They will be wearing a pink hi-vis vest so will be easy to spot at pit stops. At the main sites, please head to the Info Desk. Each shift is a maximum of 8 hours, and you will not be asked to work through the night.

**SATURDAY 25TH JUNE**

<b>Location</b>	<b>Day</b>	<b>Location</b>	<b>Start time</b>	<b>Finish time</b>
Donna Gurr	Saturday	Basecamp	10:00	16:00
Sarah Richmond-De'Voy	Saturday	Basecamp	10:00	16:00
Catherine Craig	Saturday	Basecamp	10:00	16:00
Elizabeth KERR	Saturday	Basecamp	10:00	16:00
Matthew Stephens	Saturday	Basecamp	10:00	16:00
Hannah Gould	Saturday	Basecamp	13:00	21:00
Paul Moulder	Saturday	Pitstop 2	08:00	15:00
Ian Smith	Saturday	Pitstop 2	08:00	15:00
James Burbidge	Saturday	Pitstop 2	08:00	15:00
Nicola Fielding	Saturday	Pitstop 3	08:00	15:00
Chick Wilson	Saturday	Pitstop 3	08:00	15:00
Scott Reed	Saturday	Pitstop 3	08:00	15:00
Tracy Williams	Saturday	Finish	14:00	20:00
Ruth Tolchard	Saturday	Finish	14:00	20:00
Rahema Mamodo	Saturday	Finish	14:00	20:00
Joy Jackson	Saturday	Finish	14:00	20:00
Jadu Sheridan	Saturday	Finish	14:00	20:00

**SUNDAY 26<sup>TH</sup> JUNE**

<b>Location</b>	<b>Day</b>	<b>Location</b>	<b>Start time</b>	<b>Finish time</b>
Ruth Tolchard	Sunday	Finish	09:00	14:00

James Burbidge	Sunday	Finish	09:00	14:00
Tracy Williams	Sunday	Finish	14:00	20:00
Joy Jackson	Sunday	Finish	14:00	20:00
Donna Gurr	Sunday	Pitstop 6	09:00	16:00
Paul Moulder	Sunday	Pitstop 6	09:00	16:00
Jadu Sheridan	Sunday	Pitstop 7	09:00	16:00
Rahema Mamodo	Sunday	Pitstop 7	09:00	16:00
Will Wall	Sunday	Route		

## Emergency Contact

In the case of an emergency please call either 999 (if urgent), or Natasha or Richard on:

Natasha – 07841 049 233

Richard – 07866 616 454

## Travel Expenses

We ask you to travel to/from the event in your own cars. We pay 45p per mile and up to £100 for travel costs - please make sure that you read the [expenses policy](#). If you are arriving by **public transport**, please let us know, as this will affect your role on the event.

## Car Shares

You can use the [Volunteer Facebook forum](#) to arrange car shares once you have checked your location. For each passenger you take you can claim an extra 5p per mile.

## Subsistence

We will provide you with all meals from when you arrive on the event for your first shift to when you leave the event at the end of your last shift. This will be a mix of food from our caterers and packed lunches dependent on your work location.

## Clothing

You will be provided with a crew t shirt and hi-vis vest. Please bring your own waterproof clothing and comfortable shoes – we don't know what the weather will be doing!

## Packing List

You'll need to transport your own bag each day in the vehicle in which you are travelling. You are responsible for your own belongings.

Below is a helpful list of things to bring with you!

Sleeping Bag/ Camping Pillow	Pen/ Notebook
Towel	Driving License
Water Bottle	Day Rucksack
Sunglasses	Torch
Beanie/Cap	Shorts/Trousers
Mobile phone and charger	T-shirts
Wash kit and personal toiletries	Warm clothes
Trainers/ Walking shoes	Waterproofs
Sun cream	Personal medication

## THANK YOU

Thank you so much for helping on this event – we know that you'll enjoy it, and it should be a great weekend.

If you have any questions ahead of the event please do not hesitate to contact us - [volunteers@thresholdsports.co.uk](mailto:volunteers@thresholdsports.co.uk)

Volunteer Manager  
Lou Maloney  
Team Threshold