



RACE TO THE STONES 2022

VOLUNTEER BRIEFING DOCUMENT

Thank you so much for volunteering for Race to the Stones, we couldn't put the event on without your incredible support!

We have put together this briefing document to provide you with some further information about the event and try to answer any questions you might have.

You'll find the following information below:

- Event Summary
- Main Site and Route Overview
- Event Timings
- Volunteer Roles
- Travel expenses, food, and camping

If you have any further questions then please don't hesitate to contact us at volunteers@thresholdsports.co.uk

Event Summary:

Race to the Stones is the third event in the Threshold Trail series and is a key event in 2022. It is an ultra-marathon event which takes on the epic challenge of 100km on foot along the oldest path in Britain, the Ridgeway. With over 3000 runners/ joggers/ walkers/ stompers signed up, it's by far the biggest of the Threshold Trail Series events!

Participants can sign up and do any of the below package options:

- **Non-stop** – full distance in one go
- **Weekender** – distance over two days (either camping in basecamp or staying off site)
- **Day 1 or Day 2 only** (staying overnight before or after if they wish)

On Saturday 9th July, participants will head out from Field Farm, Lewknor onto the Ridgeway, and run/walk 50km to the mid-way point. For overnight campers this is a green field site called Lattin Down Kiln, which is directly adjacent to the Ridgeway. For those cracking on to complete the whole 100km journey in one go, they will continue along the Ridgeway for the remainder of the day and possibly through the night depending on their pace, arriving at Rutland Farm in Avebury.

You can find this document, along with common FAQs and our expenses policy on the [Volunteer Hub](#).

Venue/ Route Overview:

| | |
|-----------------------------|---|
| Start | Field Farm, Shirburn Road, Lewknor, Oxon, OX49 5RR |
| Overnight Basecamp (49.8km) | Lattin Down Kiln, The Ridgeway, Wantage, Oxon, OX12 8PA |
| Finish (100KM) | Rutland Farm, Swindon Road, Avebury, Wiltshire SN8 1RH |

Pit Stop Summary:

There will be 3 pit stops on Day 1, and then Pit Stop 4 is also the overnight basecamp. There are then another 3 pit stops on the second half or Day 2 of the route.

| | Address | Distance (km) | Distance to next pit stop (km) | 1st Participant | Last Participant | Hours closed (if overnight pit stop) |
|----------|---|---------------|--------------------------------|-----------------|------------------|--|
| Start | Field Farm, Shirburn Road, Lewknor, Watlington, Oxon, OX49 5RR | 0 | 8.7 | Sat, 05:30 | Sat, 09:15 | |
| PS 1 | Overflow Car Park (Field), Swyncombe, Henley-on Thames, Oxon, RG9 6EA | 8.7 | 12.6 | Sat, 07:00 | Sat, 11:30 | |
| PS 2 | Pocock Lane, North Stoke, OX10 6ET | 21.3 | 14.2 | Sat, 08:00 | Sat, 14:30 | |
| PS3 | Field on Yattendon Estate, Aldworth, RG8 9TS (On Ridgeway) | 35.5 | 14.3 | Sat, 09:00 | Sat, 18:30 | |
| Basecamp | Lattin Down Kiln, The Ridgeway, Wantage, Oxon, OX12 8PA | 49.8 | 9.9 | Sat, 10:15 | Sun, 07:15 | Non-Stop participants to depart by 23:15 |
| PS 5 | Down Barn Farm, Sparsholt, OX12 9XD | 59.7 | 13.1 | Sat, 11:00 | Sun, 09:30 | Sun 00:45 til Sun 06:30 |
| PS 6 | PGL Liddington, Liddington, Swindon SN4 0DZ | 72.8 | 15.5 | Sat, 12:00 | Sun, 13:00 | Sun 04:15 til Sun 07:30 |
| PS 7 | Barbury Castle Car Park, Burderop, Swindon, SN4 0QH | 88.3 | 11.9 | Sat, 13:30 | Sun, 16:45 | n/a |
| Finish | Rutland Farm, Avebury, SN8 1RH | 100.2 | | Sat, 14:30 | Sun, 19:15 | |

Overview of Event:

Friday 8th July 2022

| | |
|-------------|---|
| 1900 - 2100 | Crew to arrive and check in to site. Please check your start location, some crew will head straight to the Basecamp or Finish and stay overnight there on Friday night Crew Briefing. |
|-------------|---|

Saturday 9th July 2022

| | |
|------|--|
| 0430 | Crew get up and pack down camp at the start venue. Have breakfast. |
| 0500 | Start venue checks |
| 0545 | Car park open and Site live |
| 0630 | Start wave A (runners) |
| 0650 | Start wave B (runners) |
| 0710 | Start wave C |
| 0730 | Start wave D |
| 0750 | Start wave E |
| 0810 | Start wave F |
| 0830 | Start wave G |
| 0850 | Start wave H |
| 0910 | Start wave I |
| 1000 | Overnight camp open at Lattin Down Kiln |
| 1015 | Fastest runners expected at Lattin Down Kiln |
| 1400 | Finish line open at Rutland Farm |
| 1430 | First runner expected to arrive at finish in Rutland Farm |
| 2215 | Final Day 1 participants expected to arrive at Lattin Down Kiln |

Sunday 10th July 2022

| | |
|----------------|---|
| 0600 - 0700 | Start open for Day 2 participants from Lattin Down Kiln |
| 1900 | Route closes |

Friday Night | Briefing & Camping

As a volunteer you are welcome to join us on the Friday evening at the Start. Or you can arrive on Saturday for your shift. Please just let us know if you plan to arrive Friday evening. We will be hosting an Event Briefing from 8pm, dinner will be from 7pm.

Camping overnight:

You are welcome to stay at the Start with us on Friday and at Basecamp on Saturday night. If you are, please complete this [camping survey](#) to let us know. There will be showers available.

We provide everyone with a tent and a sleeping mat. You will need to bring a sleeping bag (and a pillow if you cannot sleep without!)

Volunteer Roles Overview

Below you will find a list of volunteers and the roles that have been allocated to you on the event. Have a look through to check where you will be working on the event. You will be working alongside our crew team to help run pit stops or be at Goodwood Racecourse (Main Site), providing support to our participants and cheering them on.

You will receive a full briefing from your team leader when you arrive on site your first shift. They will be wearing a pink hi-vis vest so will be easy to spot at pit stops. At Goodwood Racecourse please head to the Info Desk. Each shift is a maximum of 8 hours, and you will not be asked to work through the night.

Saturday 9th July

| Name | Day | Location | Start time | Finish time |
|--------------------|----------|-----------|------------|-------------|
| David Robinson | Saturday | Basecamp | 10:00 | 16:00 |
| Jackie Sturt | Saturday | Basecamp | 10:00 | 16:00 |
| Ian Smith | Saturday | Basecamp | 10:00 | 16:00 |
| Claire Galpin | Saturday | Basecamp | 14:00 | 20:00 |
| Hilary Oliver | Saturday | Pitstop 2 | 10:00 | 17:00 |
| Nicola Fielding | Saturday | Pitstop 2 | 10:00 | 17:00 |
| Nicholas Brown | Saturday | Pitstop 2 | 10:00 | 17:00 |
| Sarah McQuarry | Saturday | Pitstop 3 | 10:00 | 17:00 |
| Jason Sinclair | Saturday | Pitstop 3 | 10:00 | 17:00 |
| Lawrence Kenworthy | Saturday | Pitstop 3 | 10:00 | 17:00 |
| Lucy Smith | Saturday | Pitstop 5 | 16:00 | 22:00 |
| Gavin Smith | Saturday | Pitstop 5 | 16:00 | 22:00 |
| Gill sheen | Saturday | Pitstop 6 | 12:00 | 19:00 |
| Richard Darley | Saturday | Pitstop 6 | 12:00 | 19:00 |
| Lorraine Croggon | Saturday | Pitstop 6 | 12:00 | 19:00 |
| Amanda Davis | Saturday | Finish | 13:00 | 20:00 |
| Tracy Williams | Saturday | Finish | 13:00 | 20:00 |
| Louise Witt | Saturday | Finish | 13:00 | 20:00 |
| Judith Kippax | Saturday | Finish | 13:00 | 20:00 |
| judith Mallon | Saturday | Finish | 13:00 | 20:00 |
| Ngaio Trueman | Saturday | Finish | 13:00 | 20:00 |

| | | | | |
|-----------|----------|-------|-------|-------|
| Will Wall | Saturday | Route | 13:00 | 20:00 |
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Sunday 10th July

| Name | Day | Location | Start time | Finish time |
|-------------------|--------|-----------|------------|-------------|
| Hilary Oliver | Sunday | Pitstop 5 | 08:00 | 15:00 |
| Debs Askew | Sunday | Pitstop 5 | 08:00 | 15:00 |
| Nicholas Brown | Sunday | Pitstop 5 | 08:00 | 15:00 |
| Lucy Smith | Sunday | Pitstop 6 | 09:00 | 15:00 |
| Gavin Smith | Sunday | Pitstop 6 | 09:00 | 15:00 |
| Sarah McQuarry | Sunday | Pitstop 7 | 09:00 | 15:00 |
| Richard Darley | Sunday | Pitstop 7 | 09:00 | 15:00 |
| Alli Benton Jones | Sunday | Pitstop 7 | 08:00 | 13:00 |
| Amanda Davis | Sunday | Finish | 09:00 | 15:00 |
| Louise Witt | Sunday | Finish | 09:00 | 15:00 |
| Judith Kippax | Sunday | Finish | 09:00 | 15:00 |
| Judith Mallon | Sunday | Finish | 09:00 | 15:00 |
| Darren Greren | Sunday | Finish | 09:00 | 15:00 |
| Jackie Sturt | Sunday | Finish | 14:00 | 20:00 |
| Claire Galpin | Sunday | Finish | 14:00 | 20:00 |
| Tracy Williams | Sunday | Finish | 14:00 | 20:00 |

Emergency Contact

In the case of an emergency please call either 999 (if urgent), or Natasha or Richard on:

Natasha – 07841 049233
Richard – 07866 616454

Travel Expenses

We ask you to travel to/from the event in your own cars. We pay 45p per mile and up to £100 for travel costs - please make sure that you read the [expenses policy](#).

Car Shares

You can use the [Volunteer Facebook forum](#) to arrange car shares. For each passenger you take you can claim an extra 5p per mile.

Subsistence

We will provide you with all meals from when you arrive on the event for your first shift to when you leave the event at the end of your last shift. This will be a mix of food from our caterers and packed lunches dependent on your work location.

Clothing

You will be provided with a t-shirt and blue hi-vis vest. Please bring your own waterproof clothing and comfortable shoes – we don't know what the weather will be doing!

Packing List

Please note, you are responsible for your own belongings.

| | |
|----------------------------------|---------------------|
| Sleeping Bag/ Camping Pillow | Pen/ Notebook |
| Towel | Driving License |
| Water Bottle | Day Rucksack |
| Sunglasses | Torch |
| Beanie/Cap | Shorts/Trousers |
| Mobile phone and charger | T-shirts |
| Wash kit and personal toiletries | Warm clothes |
| Trainers/ Walking shoes | Waterproofs |
| Sun cream | Personal medication |

THANK YOU

Thank you so much for helping on this event – we know that you'll enjoy it, and it should be a great weekend.

If you have any questions ahead of the event please do not hesitate to contact us - volunteers@thresholdsports.co.uk

Volunteer Manager
Lou Maloney
Team Threshold