



VOLUNTEER BRIEFING DOCUMENT

Thank you so much for volunteering for Dulux Race to the King this year!

We are set for a great weekend, and we couldn't put the event on without your incredible support! We have put together this briefing document to provide you with some further information about the event and try to answer any questions you might have.

You'll find the following information below:

- Event Summary
- Main Site and Route Overview
- Event Timings
- Volunteer Roles
- Travel expenses, food, and camping

If you have any further questions then please don't hesitate to contact us at volunteers@thresholdsports.co.uk

Event Summary

Dulux Race to the King is an exciting event in the Threshold Sports calendar. It will be the first of the 2023 Threshold Trail Series, closely followed by Race to the Stones, 8th and 9th July. This 100km ultra-marathon event will follow a figure of eight (A to A) route around the beautiful Goodwood estate, Chichester Harbour, the South Downs Way and Arundel Castle.

Goodwood Racecourse will host our Festival Basecamp which will be the focal point to the event and where the Start and Finish will be as well as the overnight campsite for those participants camping with us. There will be plenty of onsite activities that families and friends are able to get involved with, provided by our title sponsor Dulux. There will be archery, climbing and knight training, bouncy castles and Mini Mile races. There will also be wandering buskers, entertainers and the concessions throughout the whole weekend.

Participants will set off from Goodwood Racecourse and run/ walk 50km back to Goodwood (the mid-way point) via Chichester Harbour. The Festival Basecamp will have a variety of concessions providing hot food, alcohol, coffee. There will also be a host of family activities as well as camping facilities for participants staying overnight as well as invited Dulux employees.

For those completing the 100km non-stop, they will continue towards Arundel along the South Downs Way where they will loop back towards Goodwood after completing most of the elevation on this route.

Participants can sign up and choose to do any of the below package options:

- **Non-stop** – full distance in one go
- **Weekender** – distance over two days (either staying in basecamp or not)
- **Day 1 or Day 2 only** (staying overnight before or after if they wish)
- **Marathon Weekender** – Dulux Team only. Two different half marathon routes across the two days
- **10KM** – Dulux Team only to take place on Saturday

You can find this document, along with common FAQs and our expenses policy on the [Volunteer Hub](#).

Main Site / Route Overview:

Festival Basecamp (Start, Finish and main campsite) <i>Basecamp – 49.5km</i> <i>Finish – 101.2km</i>	Goodwood Racecourse, Selhurstpark Road, Chichester, PO18 0PS
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Pit Stop Summary:

There are 7 pit stops in total along the route at various distances. There will be 3 pit stops on Day 1. Pit Stop 4 is located at the Festival Basecamp and is for those participants who are non-stop. There are a further 3 pit stops on the second half or Day 2 of the route.

Location	Address	Distance (km)	1st Participant	Last Participant	Hours closed (if overnight pit stop)
Start	Goodwood Racecourse, Selhurstpark Road, Chichester, PO18 0PS		Sat, 05:30	Sat, 09:30	
PS 1	Bishop Luffa School, Westgate, Chichester, PO19 3HL	9.8	Sat, 07:15	Sat, 10:30	
PS 2	Field of Cot Lane, Chidham, Chichester PO18 8SU	23.7	Sat, 08:25	Sat, 14:05	
PS 3	Adsdean Farm, Funtington, Chichester, PO18 9DN	34.0	Sat, 09:15	Sat, 16:55	
PS 4/Basecamp	Goodwood Racecourse, Selhurstpark Road, Chichester, PO18 0PS	49.5	Sat, 10:30	Sat 21:05	Participants doing non-stop to depart by 9:30pm Sun 00:30 til Sun 06:30
PS 5	Whiteways Café Car Park, Bury Hill, Arundel, BN18 9FD	63.7	Sat, 11:40	Sun, 00:45	Sun 03:30 til Sun 07:30
PS 6	North Stoke Farm, North stoke, Arundel, BN18 9LS	77.0	Sat, 12:40	Sun, 14:10	Sun 06:45 til Sun 08:30
PS 7	Littleton Farm, Upwaltham, GU28 0L	88.5	Sat, 13:35	Sun, 17:15	n/a
Finish	Goodwood Racecourse,	101.2	Sat, 14:30	Sun, 20:00	

	Selhurstpark Road, Chichester, PO18 0PS				
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Overview of Event Timings:

Friday 16th June 2023

1900 - 2100	Crew to arrive for crew dinner and briefing (optional if staying with us on Friday)
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Saturday 17th June 2023

0430	Crew get up and pack down camp at the start venue. Have breakfast.
0500	Start venue checks
0545	Car park open and Site live
0630	Start wave A (runners)
0650	Start wave B (runners)
0710	Start wave C
0730	Start wave D
0750	Start wave E
0810	Start wave F
0930	Overnight camp open at Goodwood Racecourse
11:00	Half Marathon Starts
10:30	Fastest runners expected back at Goodwood Racecourse
1400	Finish line open at Goodwood Racecourse
1430	First non-stop runner expected to arrive at finish in Goodwood Racecourse
2030	Final Day 1 participants expected to arrive at Goodwood Racecourse

Sunday 18th June 2023

0600 - 0700	Start open for Day 2 participants from Goodwood Racecourse
0700	Half Marathon Start
1000	Fastest runner on Day 2 expected to finish at Goodwood Racecourse
1030	Final non-stop expected to finish at Goodwood Racecourse
2000	Route closes
2100	Festival Basecamp closed

ACCESS TO GOODWOOD RACECOURSE:

Friday Night | Briefing & Camping

As a volunteer you are welcome to join us on the Friday evening at Goodwood Racecourse. Or you can arrive on Saturday for your shift. Please just let us know if you plan to arrive Friday evening. We will be hosting an Event Briefing from 7pm along with dinner.

Please note that Goodwood Racecourse have an event taking place on the Friday night and so traffic in and around Selhurstpark Road will be heavier than usual. Please allow extra time to arrive on site.

Where possible please avoid Kennel Hill and access Selhurstpark Road to the east of Goodwood via Hat Hill Road (from South), the A285 (from West) or East Dean Hill (from North). Once heading west on Selhurstpark Road the crew parking will be located on the left as you approach the Goodwood racecourse site.

Please see below the designated Crew & Volunteer Camping and Parking areas as well as the entrance to the Festival Basecamp for the briefing.

- Crew & Volunteer Camping and Parking: *What3Words///hardening.frog.spring*
- Crew & Volunteer Briefing Entrance: *What3Words///notifying.gestures.conspire*



Volunteer Roles Overview

On the Volunteer Hub, you will find an overview of the roles that have been allocated to you for the event. Have a look through to check where you will be working on the event. You will be working alongside our crew team to help run pit stops or be at Goodwood Racecourse (Main Site), providing support to our participants and cheering them on.

You will receive a full briefing from your team leader when you arrive on site your first shift. They will be wearing a pink hi-vis vest so will be easy to spot at pit stops. At Goodwood Racecourse please head to the Info Desk. Each shift is a maximum of 8 hours, and you will not be asked to work through the night.

Emergency Contact

In the case of an emergency please call either 999 (if urgent), or Natasha or Dave on:

Natasha – 07841 049233

Dave - 07825 525 480

Travel Expenses

We ask you to travel to/from the event in your own cars. We pay 45p per mile and up to £100 for travel costs - please make sure that you read the [expenses policy](#).

Car Shares

You can use the [Volunteer Facebook forum](#) to arrange car shares. For each passenger you take you can claim an extra 5p per mile.

Subsistence

We will provide you with all meals from when you arrive on the event for your first shift to when you leave the event at the end of your last shift. This will be a mix of food from our caterers and packed lunches dependent on your work location.

Camping overnight:

You are welcome to stay at the main venue on Friday and Saturday night. If you are, please complete this [camping survey](#) to let us know. There will be showers available.

We provide everyone with a tent and a sleeping mat. You will need to bring a sleeping bag (and a pillow if you cannot sleep without!)

Clothing

You will be provided with a t-shirt and blue hi-vis vest. Please bring your own waterproof clothing and comfortable shoes – we don't know what the weather will be doing!

Packing List

Please note, you are responsible for your own belongings.

Sleeping Bag/ Camping Pillow	Pen/ Notebook
Towel	Driving License
Water Bottle	Day Rucksack
Sunglasses	Torch
Beanie/Cap	Shorts/Trousers
Mobile phone and charger	T-shirts
Wash kit and personal toiletries	Warm clothes
Trainers/ Walking shoes	Waterproofs
Sun cream	Personal medication

THANK YOU

Thank you so much for helping on this event – we know that you'll enjoy it, and it should be a great weekend.

If you have any questions ahead of the event, please do not hesitate to contact us - volunteers@thresholdsports.co.uk

Volunteer Manager
Liz Sutton
Team Threshold